

Trip Highlights

- Lovingly restored 18th century hotels, one with a pool and fine gastronomic cuisine
- Varied cycling: vineyard tracks, country lanes, waterside paths and greenways
- Authentic medieval chateaux and traditional unspoilt villages
- Sun-drenched wine estates; taste prestigious appellations
- Striking architecture and numerous museums in history-filled Dijon
- Picturesque Canal de Bourgogne; colourful meadows; shady woodland
- Based on our popular 6 night, Gastronomic Burgundy Cycling

Is This Trip for You?

Cycling Conditions

Classification: Self-Guided

Average daily distance: 44.3km (28miles).

No. of days cycling: 3

Terrain and route: The suggested routes mainly follow tarmac or compacted gravel tow paths.

Vehicle Support: This is a self-guided trip for those who prefer to cycle independently, but with our assistance to take out the stress of the logistics and planning. We arrange your accommodation, provide you with a map and route notes so that you can cycle at your own pace, while your bags are transported from one hotel to the next.

It is important that you are happy reading maps and following route notes, we make these as accurate as possible and they are regularly checked.

As this is a self-guided holiday there is no group and no leader. There maybe others on the same departure date as you, but you will not be organised together. The routes notes contain a 24-hour emergency assistance telephone number should you need it and in emergencies, the hotels are normally able to dispatch a taxi or pick you up themselves. They may wish to charge for this service.

Group

As this is a self-guided holiday there is no group and no leader. Your luggage is transferred and route notes and maps are provided. The route notes contain a 24-hour emergency assistance telephone number. In emergency, the hotels are normally able to dispatch a taxi or pick you up themselves. They may wish to charge for this service.

Adult min age: 18

Child min age: 12

Child max age: 17

Itinerary

Day 2

Beaune to Gevrey-Chambertin

This morning, perhaps pay a visit to the lovely 18th century chateau at Pommard before continuing past pretty Aloxe-Corton and Ladoix-Serrigny. You might like to take a short detour to visit Savigny-les-Beaune too, with its collection of vintage cars, motorbikes and planes, or to spend some time in the Parc de la Bouzaise in Beaune before lunch in the world-famous Nuits-Saint-Georges. In the afternoon your route leads you on to the 16th century Chateau du Clos de Vougeot before the final stretch through Vosne-Romanee (home of the world's most expensive wine), Chambolle-Musigny and Morey-Saint-Denis to your hotel, a lovingly restored former winery in Gevrey-Chambertin. **(Staying at Rotisserie du Chambertin)**

Meals included: Breakfast, Dinner

Distance covered: 42 km / 27 miles

Day 3

Gevrey-Chambertin to Sainte-Sabine

Leave the vines behind and cycle up through the Combe Lavaux - Jean Roland nature reserve to appreciate stunning views across meadows to the Ouche River valley. Then it's freewheeling all the way along quiet country lanes, past fields of wheat and rapeseed to Fleurey-Ouche and the famous Canal de Bourgogne. Here you'll experience gentle pedalling along towpaths and greenways between the canal and the peaceful River Ouche. Lunch can be enjoyed with a picnic by the water's edge in any number of sleepy riverside villages, at a cafe-restaurant in a former lockkeeper's cottage, or even before or after a visit to the Chateau de Barbirey with its superb gardens. The ride ends at the 18th century Chateau Hotel Sainte-Sabine, where you can stroll in the gardens then sit on the terrace savouring an aperitif before dinner. **(Staying at Chateau Sante Sabine)**

Meals included: Breakfast, Dinner

Distance covered: 50 km / 32 miles

Day 4

Sainte-Sabine to Montagny-Les-Beaune

Pass countryside and quiet farming villages to the ancient town of Bligny-sur-Ouche with its 12th century church, 15th century tower and twelve water mills. After crossing the River Ouche, a short climb leads you to Montceau-et-Echarnant, next to which lies the tiny Templar church of Saint John the Baptist, where the ground is paved with the gravestones of Templar Knights. From here it's downhill through meadows and woodland to the village of Nantoux, and then back out into the vines. The adventurous can take one last climb to enjoy spectacular views from the Hautes-Cotes de Beaune but both roads lead back to delightful Pommard where final wine tastings can be had at the chateau before heading back to the hotel in Beaune. **(Staying at Hotel Le Central)**

Meals included: Breakfast

Distance covered: 41 km / 26 miles

Day 5

Leave Beaune

Meals included: Breakfast

Accommodation

Hotels

You'll stay in historic hotels including an elegantly renovated farm with beautiful gardens, a lovingly restored winery and a marvellous 18th century chateau with a pool and eight hectares of carefully tended grounds.

Where a single supplement is available, paying for a single only guarantees a room for single use. It does not always mean a twin or double room will be provided for sole occupancy.

Single supplement from \$266.60 USD

Food & Transport

Eating & Drinking

France is a country renowned for its food and wine and this trip should give you the full flavour of Burgundy. Suggestions of what to do for lunch are in the cycling notes. Self-guided cycling lends itself perfectly to picnics, it is always a good option to pick up some local produce and then pick a spot along your route to stop and eat it.

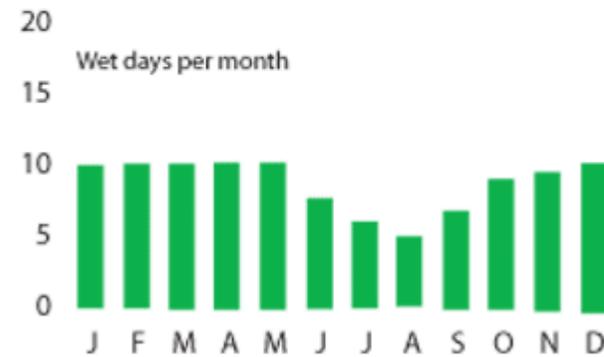
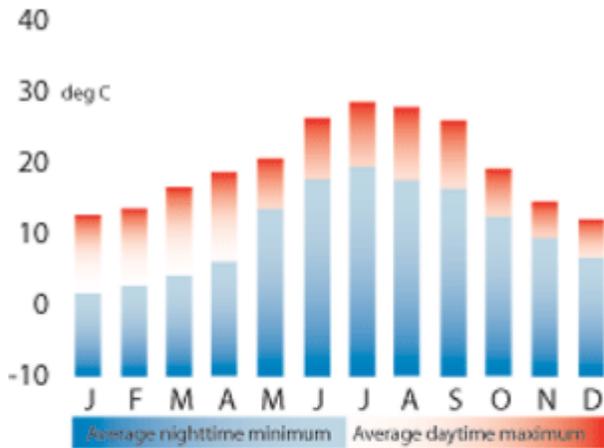
For dinner you will be spoilt for choice; Burgundians are passionate about both their food and wine. Boeuf Bourguignon (a stew with beef in red wine), Escargots à la Bourgogne (snails) and Coq au Vin (chicken braised with wine) are arguably the most famous exports but the prime local ingredients are expertly showcased in countless mouthwatering dishes. Common main ingredients are pigeon, quail, boar, venison and freshwater fish. You will find many small, independent suppliers offering local pates, cheese, sausages and mustard, synonymous with Dijon. Food markets are a delight to visit - support for individual artisan food producers is something the region excels in.

Weather & Seasonality

Weather Information

Burgundy is situated in the heart of France and usually has warm or hot summers with a continental feel to them. Generally the summer months are warm and dry, with rainfall averaging 6cm per month in July and August. The climate in Spring and Autumn is a mixture of sun and scattered showers with temperatures in the mid 20's (degrees celcius).

Weather Charts



Joining Instructions

Full joining instructions including local emergency numbers will be sent to you as part of our Final Joining Instructions. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

Transfers Details

Tour prices do not include our onward rail and station transfers. We can arrange rail and pre-booked transfers for you at a supplement (inquire for details and prices)

Fly to Paris CDG then rail Paris Bercy to Beaune 13:35/16:58 Mon-Sat & via Dijon

13:57/16:23 Sun and taxi (pay locally) or pre-booked transfer (inquire for details and prices) to hotel 10 minutes. Return: Taxi (pay locally) and pre-booked transfer (inquire for details and prices) to station 10 minutes then rail Beaune to Paris Lyon via Dijon 09:41/12:03 Tues, Weds, Fri & Sun Beaune to Paris Lyon via Lyon Part Dieu 09:00/13:01 Mon & Thurs and Beaune to Paris Bercy 08:57/12:27 Sat then fly to Paris CDG .

Location start: Beaune

Location end: Beaune

What to Take

Essential Equipment

Self-Guided Hire Bikes

We use custom made Headwater hybrid bikea. All bikes are supplied with:

- 1 handlebar map holder
- 2 rear panniers
- 1 bike lock per 2 people
- 1 puncture repair kit per 2 people, which includes puncture repair patches and a pump.

If you are booked as a group, but intend to cycle separately please let us know in advance if you wish to have additional map holders or repair kits.

Bike sizes will have been given to the local operator in advance from the heights you have given us on booking. However, when you receive your bike there will be the opportunity to test and adjust. Our representative will be on hand to assist you and can fit pedals and your saddle if you wish to bring these with you.

Please note helmets are not provided and we recommend that you take your own on this trip.

Bike Repairs

As you are riding unaccompanied, it is wise to know at least how to repair an inner tube before setting off on your bike! The bikes are serviced before being rented out so there should be no problems but there are emergency numbers provided in the Route Notes for more complex problems.

E-Bikes

Electric bikes offer all the thrills and healthy exercise of a regular bike, but with one crucial difference - power! A tiny electric motor (capped at 25mph) assists your pedalling, allowing you to make molehills out of mountains. Cycle further, see more, have more fun. They are just perfect if you want to try a trip with companions of differing fitness level - or a trip at a slightly harder grade - and want to know there's a bit of motor power available if you need it. You can upgrade to an E-bike on a number of our European trips.

Optional Equipment

- warm top and leggings for the early spring and autumn departures
- swimming costume
- windproof and waterproof layer

Local Bike Details

A quality local hire bike is included in the overall price of our cycling holidays. At the time of booking we will take your height in order to reserve equipment. There may on occasions be insufficient bikes available in the correct size; we will endeavour to find suitable alternative equipment but this cannot be guaranteed. We will tell you before you book whether suitably sized bikes are available.

Conditions

1. The equipment remains the property of the supplier and you may not sell, hire out or part possession with the equipment.
2. You must not misuse the equipment and must return it in the same condition as when received (ordinary wear and tear excepted). The supplier is entitled to charge for any damage caused to the equipment during the period of hire.
3. You must ensure that the equipment is adequately secured when not in use. In the event of the equipment being lost or stolen, you may be liable for the replacement value of the equipment
4. You must not use the equipment whilst under the influence of drink or drugs and should immediately notify the Supplier in the event of breakdown or loss.

Bringing Your Own Bike

If you prefer the familiarity of your own bike, you may of course bring it along. Please advise us at the time of booking and you will receive a discount off the price of the holiday, as specified above. You will be responsible for any extra baggage charges, please speak to our Sales team for individual airline fees. Any clients bringing their own bike should ensure they have adequate cover for loss, damage or theft under their travel, home contents or a specialist insurance policy. If Breakaway is confident that we have taken all reasonable care to ensure the safety of your bike, in the rare event of loss, damage or theft you will need to claim under your own insurance policy.

Extra Bike Bits

You may like to bring your own pedals and saddle (excluding the seat post) or gel saddle cover to fit to the hire bikes. We encourage this, if it is your preference. However, please note that you are responsible for your own equipment, and removing your saddle/pedals at the end of the trip. We cannot guarantee the return of any bike parts left behind.

Breakaway Policy on Cycling Helmets

Wearing a helmet is mandatory for anyone taking part in any guided Breakaway cycling holiday. Group members must bring their own helmets, as they are not available for hire, even if they are hiring a bike from Breakaway.

For self-guided cycling holidays wearing a helmet is highly recommended. Customers who choose to ignore our advice do so entirely at their own risk and on the understanding that it may affect the validity of their travel insurance. It should also be noted that in some countries we travel to wearing a helmet is already a legal requirement.

Cycling of all kinds has its dangers and accidents can happen from time to time. Please ensure that you are properly prepared for the riding you are going to undertake.

Recommended Cycling Clothing

Padded cycling shorts (with loose 'over-shorts' where recommended), breathable clothing, and a lightweight waterproof/windproof top. Shoes with relatively stiff soles are better for biking, but are not essential unless you are cycling long distances. Most people want to carry certain items with them during the day while cycling, for this we recommend a large bum-bag or small close-fitting daysack.

Reading List

Michelin Green Guide "Burgundy Jura"

The Insight Guide to Burgundy



Practical Information

Passport

Adventure Holidays in France

Most nationalities, including US, require a full passport that must be valid beyond the intended length of stay. It is your responsibility to have the correct personal documents and to obtain your own visa, if one is necessary, in accordance with the regulations of the country you are to visit. The information below is primarily for US passport holders, and other nationalities should check with their travel agent or the relevant embassies. We are not responsible for the actions of local immigration and customs officials, whether at points of entry or otherwise, and any subsequent effects.

Visa

Adventure Holidays in France

No visa required for US passport holders.

For further travel advice please visit U.S. State Department at <https://www.state.gov/travelers/>

Visa regulations can change without notice: please check the current regulations in good time to obtain a visa if one is required.

Vaccination

Adventure Holidays in France

There are no specific health risks.

Travel health can often be something people forget about before going away, but a little preparation and knowledge can go a long way to help you stay fit and healthy while abroad.

The above information can change at short notice; as we are not qualified to answer all your questions about travel health we strongly recommend you contact your Medical Professional or a Travel Health Clinic at least 8 weeks prior to departure for up-to-date information. Please note: vaccinations that are routinely recommended to residents of North America or Australasia are not considered to form part of the travel health advice, and you should ensure these are kept up to date where necessary.

For additional information please visit: Centers for Disease Control C.D.C at <https://wwwnc.cdc.gov/travel>

Insurance - are you adequately covered?

It is a condition of joining any of our holidays that you must be fully insured against medical and personal accident risks (to include repatriation costs and air ambulance or helicopter rescue services where appropriate). On arrival in destination for your trip, you will be asked to present details to your leader or local representative of your policy.

If you are resident of the United States, we recommend the Travelex Travel Select travel insurance policy, this is specifically designed to cover all activities on your trip. If arranging your own policy please ensure that you are covered for all activities that are part of the trip, optional activities that you intend to take part in and/or on high altitude itineraries, that you are covered up to the maximum altitude of the trip.

Local Time

Adventure Holidays in France's Timezone: Europe/Paris CET (GMT +01:00)

Electricity

Adventure Holidays in France's Electricity: European plug - 2 round pins. 230 Volts AC.

Money

Adventure Holidays in France's Currency

The national currency of France is the Euro (EUR), with an exchange rate at the time of publication (October 2017) of approximately 0.84 to the USD, 0.67 to the CAD, 0.66 to the AUD and 0.59 to the NZD.

ATM Availability

ATMs are widely available, but we recommend taking some Euros cash with you in case you can't get to a bank at the start of the trip.



Responsible Tourism

At Breakaway we believe in the power of Responsible Travel.

Every time we travel, we are part of a global movement that creates jobs, builds more sustainable societies, encourages cultural understanding and safeguards common natural and cultural heritage.

Important Information

On all guided trips

Although our leaders are well trained to deal with different capabilities, if they have any concerns about someone's ability to safely partake in an activity, or their impact on other people's enjoyment, we authorize them to take necessary action which, in some circumstances, may involve asking someone to miss that activity.

Although rarely enforced, by booking this trip you agree to section 5 of our Booking Conditions which clearly states that our leaders have the authority to do this. In these circumstances we will ensure anyone sitting out is safely provided for and offered alternative options where possible. Refunds will not be provided for activities missed and customers may be liable for additional costs incurred.

On all trips

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call the Breakaway office and ask to speak to one of the experts on this itinerary.

In an emergency, please contact our 24 hour out of hours service on +44 (0) 844 326 7041.

Every time that you travel abroad you should take the time to read the warnings in the essential information in the brochure.

Full joining instructions including local emergency numbers, and details of how to reach the start point, will be sent to you approximately 2 to 3 weeks prior to departure. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure or website, the Trip Notes supersede the brochure and website. All holidays can be subject to unexpected changes; in order to enjoy them you should be prepared to be flexible where necessary. Occasionally, as stated in our brochure, it may not be possible to follow the itinerary as planned. This may be for a variety of reasons - climatic, political, physical or other. In these circumstances we will make the best possible alternative arrangements that maintain the integrity of the original itinerary.

TRAVEL AWARE –STAY SAFE & HEALTHY ABROAD

The U.S. State Department has up-to-date advice on staying safe and healthy abroad. For more on security, local laws, plus passport and visa information, see <https://www.state.gov/travelers/>



Keep informed of current travel health news by visiting Centers for Disease Control C.D.C at

<https://wwwnc.cdc.gov/travelAdvice> can change so check regularly for updates.

For all latest travel information about your holiday, please visit our Travel Safety Advice page.

How to Book

Ready to book? Please contact **Breakaway Adventures on Tel: 1-800-567-6286;**

International Tel: +1-843-856-9771.

<https://www.breakaway-adventures.com>