




**Current as of:** November 8, 2019 - 14:29

**Valid for departures:** From October 10, 2019 to December 31, 2030



## Cycling the Grand Cru of Beaune Trip Notes

-  **Ways to Travel:** Self-Guided Holidays
-  **Destinations:** Adventure Holidays in France
-  **Programmes:** Cycling

Trip Code:  
**C06BG**



**7 Days** Land only  
**Min age:** 12

### Trip Overview

Here, culture and tradition thrive amid some of the world's most prestigious vineyards, which are now collectively recognised as an UNESCO World Heritage Site. To the north, past numerous medieval chateaux, lies Dijon with its rich blend of architecture and the magnificent palace of the Dukes of Burgundy. A short distance away you'll find the tranquil Canal de Bourgogne, meandering along the Ouche River valley up to the fortified 15th century Chateauneuf-en-Auxois, which sits fairytale-like on a hilltop and is listed as one of France's most beautiful villages.

Cycle along quiet lanes, vineyard tracks, tranquil waterside paths and smooth greenways, enjoying views of majestic vine-clad hills, fields of shimmering wheat and waterways where grey herons stalk fish. Each day discover opportunities to sample fine wines and visit esteemed producers before stopping for lunch in unspoilt villages set against a backdrop of swaying vines and ancient oak forest.

In a region known for its epicurean finesse, you can really enjoy fine dining on this holiday. There will be excellent local dishes on offer in the hotels and in local restaurants such as Oeufs en Meurette, Poulet de Bresse a la Creme, Perche aux Noix and of course exquisite cheeses like the pungent Epoisses de Bourgogne, all washed down with the region's incredible Pinot Noir and Chardonnay wines. You'll stay in excellent hotels including a perfectly located hotel in Beaune, an elegantly renovated farm and a marvellous 18th century chateau with a pool and eight hectares of carefully tended grounds.

## At a Glance

- 6 nights hotel-to-hotel accommodation
  - All continental breakfasts
  - Management by your local Headwater-appointed agent
  - GPS route directions and maps
  - *RideWithGPS* navigation app
  - High quality hybrid bikes
  - Luggage transfers between hotels
- Countries visited: Adventure Holidays in France

## Trip Highlights

- Discover and stay in Beaune, the wine capital of Burgundy
- Varied cycling: vineyard tracks, country lanes, waterside paths and greenways
- Authentic medieval chateaux and traditional unspoilt villages
- Sun-drenched wine estates; taste prestigious appellations
- Striking architecture and numerous museums in history-filled Beaune and Dijon
- Picturesque Canal de Bourgogne; colourful meadows; shady woodland

## Is This Trip for You?

### Cycling Conditions

**Average daily distance:** 40.25km (25.3miles).

**Terrain and route:** The suggested routes mainly follow tarmac or compacted gravel tow paths.

**Vehicle Support:** This is a self-guided trip for those who prefer to cycle independently, but with our assistance to take out the stress of the logistics and planning. We arrange your accommodation, provide you with a map and route notes so that you can cycle at your own pace, while your bags are transported from one hotel to the next.

It is important that you are happy reading maps and following route notes, we make these as accurate as possible and they are regularly checked.

As this is a self-guided holiday there is no group and no leader. There maybe others on the same departure date as you, but you will not be organised together. The routes notes contain a 24-hour emergency assistance telephone number should you need it and in emergencies, the hotels are normally able to dispatch a taxi or pick you up themselves. They may wish to charge for this service.

## Group

As this is a self-guided holiday there is no group and no leader. Your luggage is transferred and route notes and maps are provided. The route notes contain a 24-hour emergency assistance telephone number. In emergency, the hotels are normally able to dispatch a taxi or pick you up themselves. They may wish to charge for this service.

**Adult min age:** 18

Child min age: 12

**Child max age:** 17

## Itinerary

## Land Only

**Start City:** Beaune

**End City:** Beaune

### Land Only Itinerary

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#### Day 1

##### Arrive in Beaune

Wander the streets of Beaune and marvel at the multi coloured roofs of the 15th Century Hospices de Beaune. Overnight at the perfectly located Hotel Le Central and take your pick from the plethora of local restaurants nearby **(Staying at Hotel Le Central)**

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#### Day 2

##### Beaune to Gevrey-Chambertin

This morning, perhaps pay a visit to the lovely 18th century chateau at Pommard before continuing past pretty Aloxe-Corton and Ladoix-Serrigny. You might like to take a short detour to visit Savigny-les-Beaune too, with its collection of vintage cars, motorbikes and planes, or to spend some time in the Parc de la Bouzaise in Beaune before lunch in the world-famous Nuits-Saint-Georges. In the afternoon your route leads you on to the 16th century Chateau du Clos de Vougeot before the final stretch through Vosne-Romanee (home of the world's most expensive wine), Chambolle-Musigny and Morey-Saint-Denis to your hotel, a lovingly restored former winery in Gevrey-Chambertin. **(Staying at Rotisserie du Chambertin)**

**Meals included:** Breakfast

**Distance covered:** 42 km / 27 miles

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#### Day 3

##### At Gevrey-Chambertin

Today, visit the ancient city of Dijon, just 8 minutes away by rail. Here see the Church of Notre Dame, the 12th century-15th century timbered houses, the cathedral with its 1,000-year-old crypt, and the Palace of the Dukes of Burgundy along with a host of museums and other sights. **(Staying at Rotisserie du Chambertin)**

**Meals included:** Breakfast

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## Day 4

### Gevrey-Chambertin to Sainte-Sabine

Leave the vines behind and cycle up through the Combe Lavaux - Jean Roland nature reserve to appreciate stunning views across meadows to the Ouche River valley. Then it's freewheeling all the way along quiet country lanes, past fields of wheat and rapeseed to Fleurey-Ouche and the famous Canal de Bourgogne. Here you'll experience gentle pedalling along towpaths and greenways between the canal and the peaceful River Ouche. Lunch can be enjoyed with a picnic by the water's edge in any number of sleepy riverside villages, at a cafe-restaurant in a former lockkeeper's cottage, or even before or after a visit to the Chateau de Barbirey with its superb gardens. The ride ends at the 18th century Chateau Sainte-Sabine.

**(Staying at Chateau Sainte Sabine)**

**Meals included:** Breakfast

**Distance covered:** 50 km / 32 miles

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## Day 5

### At Sainte-Sabine

Today's route is a lovely circular ride taking in two famous Burgundy chateaux. The first is the Chateau de Chateauneuf in the incredible medieval village of Chateauneuf-en-Auxois. Clearly visible from the hotel in Sainte-Sabine, Chateauneuf-en-Auxois is perched high on the hilltop with its 15th century fortress and 12th century keep. Then, cycling down country lanes, you come to the village of Commarin with its magnificent moated chateau, a site of importance since the early 13th century.

**(Staying at Chateau Sainte Sabine)**

**Meals included:** Breakfast

**Distance covered:** 28 km / 18 miles

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## Day 6

### Sainte-Sabine to Beaune

Pass countryside and quiet farming villages to the ancient town of Bligny-sur-Ouche with its 12th century church, 15th century tower and twelve water mills. After crossing the River Ouche, a short climb leads you to Montceau-et-Echarnant, next to which lies the tiny Templar church of Saint John the Baptist, where the ground is paved with the gravestones of Templar Knights. From here it's downhill through meadows and woodland to the village of Nantoux, and then back out into the vines. The adventurous can take one last climb to enjoy spectacular views from the Hautes-Cotes de Beaune but both roads lead back to delightful Pommard where final wine tastings can be had at the chateau before heading back to the hotel in Beaune.

**(Staying in Hotel Le Central)**

**Meals included:** Breakfast

**Distance covered:** 41 km / 26 miles

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## Day 7

### Leave Beaune

**Meals included:** Breakfast

## Accommodation

### Hotels



You will stay in 4 star hotels including a 17th century Chateau and a recently renovated 16th century hotel located in Beaune city centre

*Where a single supplement is available, paying for a single only guarantees a room for single use. It does not always mean a twin or double room will be provided for sole occupancy.*

Single supplement from \$468.10 USD

## Food & Transport

### Eating & Drinking

France is a country renowned for its food and wine and this trip should give you the full flavour of Burgundy. Suggestions of what to do for lunch are in the cycling notes. Self-guided cycling lends itself perfectly to picnics, it is always a good option to pick up some local produce and then pick a spot along your route to stop and eat it.

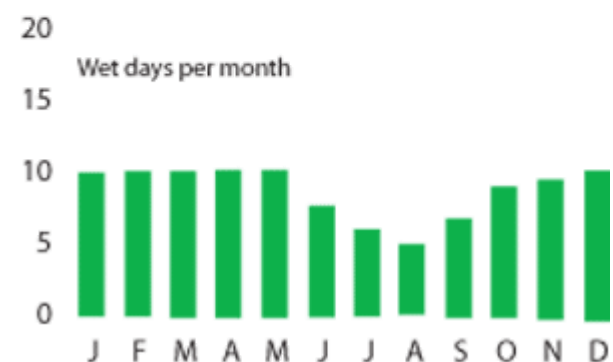
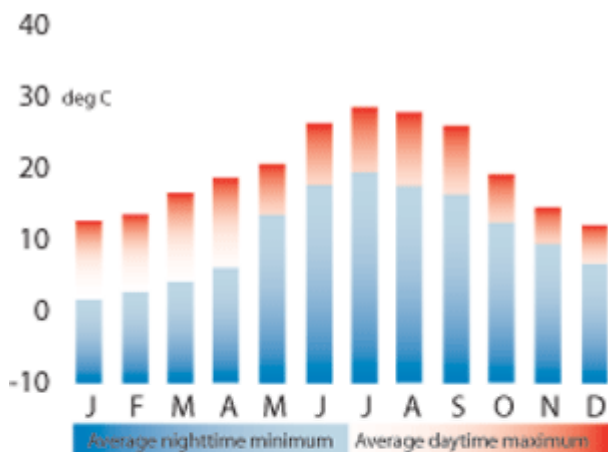
For dinner you will be spoilt for choice; Burgundians are passionate about both their food and wine. Boeuf Bourguignon (a stew with beef in red wine), Escargots à la Bourgogne (snails) and Coq au Vin (chicken braised with wine) are arguably the most famous exports but the prime local ingredients are expertly showcased in countless mouthwatering dishes. Common main ingredients are pigeon, quail, boar, venison and freshwater fish. You will find many small, independent suppliers offering local pates, cheese, sausages and mustard, synonymous with Dijon. Food markets are a delight to visit - support for individual artisan food producers is something the region excels in.

## Weather & Seasonality

### Weather Information

Burgundy is situated in the heart of France and usually has warm or hot summers with a continental feel to them. Generally the summer months are warm and dry, with rainfall averaging 6cm per month in July and August. The climate in Spring and Autumn is a mixture of sun and scattered showers with temperatures in the mid 20's (degrees celcius).

### Weather Charts



### Joining Instructions

Full joining instructions including local emergency numbers will be sent to you as part of our Final Joining Instructions. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

## Transfers Details

**Rail and station transfers are not included in the tour price. Pre-booked rail and transfers can be arranged (inquire for prices and details):**

Fly to Paris CDG then rail (not included) Paris Bercy to Beaune 13:35/16:58 Mon-Sat & via Dijon

13:57/16:23 Sun and taxi (pay locally) or pre-booked transfer (inquire for prices) to hotel 10 minutes. Return: Taxi (pay locally) or pre-booked transfer (inquire for details and prices) to station 10 minutes then rail Beaune to Paris Lyon via Dijon 09:41/12:03

Tues, Weds, Fri & Sun Beaune to Paris Lyon via Lyon Part Dieu 09:00/13:01 Mon & Thurs and Beaune to Paris Bercy

08:57/12:27 Sat then fly out of Paris CDG.

**Location start:** Beaune

**Location end:** Beaune

## What to Take

### Local Bike Details

A quality local hire bike is included in the overall price of our cycling holidays. At the time of booking we will take your height in order to reserve equipment. There may on occasions be insufficient bikes available in the correct size; we will endeavour to find suitable alternative equipment but this cannot be guaranteed. We will tell you before you book whether suitably sized bikes are available.

### Conditions

1. The equipment remains the property of the supplier and you may not sell, hire out or part possession with the equipment.
2. You must not misuse the equipment and must return it in the same condition as when received (ordinary wear and tear excepted). The supplier is entitled to charge for any damage caused to the equipment during the period of hire.
3. You must ensure that the equipment is adequately secured when not in use. In the event of the equipment being lost or stolen, you may be liable for the replacement value of the equipment
4. You must not use the equipment whilst under the influence of drink or drugs and should immediately notify the Supplier in the event of breakdown or loss.

### Bringing Your Own Bike

If you prefer the familiarity of your own bike, you may of course bring it along. Please advise us at the time of booking and you will receive a discount off the price of the holiday, as specified above. You will be responsible for any extra baggage charges, please speak to our Sales team for individual airline fees. Any clients bringing their own bike should ensure they have adequate cover for loss, damage or theft under their travel, home contents or a specialist insurance policy. If Breakaway is confident that we have taken all reasonable care to ensure the safety of your bike, in the rare event of loss, damage or theft you will need to claim under your own insurance policy.



## Extra Bike Bits

You may like to bring your own pedals and saddle (excluding the seat post) or gel saddle cover to fit to the hire bikes. We encourage this, if it is your preference. However, please note that you are responsible for your own equipment, and removing your saddle/pedals at the end of the trip. We cannot guarantee the return of any bike parts left behind.

## Breakaway Policy on Cycling Helmets

Wearing a helmet is mandatory for anyone taking part in any guided Breakaway cycling holiday. Group members must bring their own helmets, as they are not available for hire, even if they are hiring a bike from Breakaway.

For self-guided cycling holidays wearing a helmet is highly recommended. Customers who choose to ignore our advice do so entirely at their own risk and on the understanding that it may affect the validity of their travel insurance. It should also be noted that in some countries we travel to wearing a helmet is already a legal requirement.

Cycling of all kinds has its dangers and accidents can happen from time to time. Please ensure that you are properly prepared for the riding you are going to undertake.

## Recommended Cycling Clothing

Padded cycling shorts (with loose 'over-shorts' where recommended), breathable clothing, and a lightweight waterproof/windproof top. Shoes with relatively stiff soles are better for biking, but are not essential unless you are cycling long distances. Most people want to carry certain items with them during the day while cycling, for this we recommend a large bum-bag or small close-fitting daysack.

## E-Bikes Available

Electric bikes offer all the thrills and healthy exercise of a regular bike, but with one crucial difference - power! A tiny electric motor (capped at 25mph) assists your pedalling, allowing you to make molehills out of mountains. Cycle further, see more, have more fun. They are just perfect if you want to try a trip with companions of differing fitness level - or a trip at a slightly harder grade - and want to know there's a bit of motor power available if you need it.



## Practical Information

### Passport

### Adventure Holidays in France



Most nationalities, including US, require a full passport that must be valid beyond the intended length of stay. It is your responsibility to have the correct personal documents and to obtain your own visa, if one is necessary, in accordance with the regulations of the country you are to visit. The information below is primarily for US passport holders, and other nationalities should check with their travel agent or the relevant embassies. We are not responsible for the actions of local immigration and customs officials, whether at points of entry or otherwise, and any subsequent effects.

## **Visa**

### **Adventure Holidays in France**

No visa required for US passport holders.

For further travel advice please visit U.S. State Department at <https://www.state.gov/travelers/>

Visa regulations can change without notice: please check the current regulations in good time to obtain a visa if one is required.

## **Vaccination**

### **Adventure Holidays in France**

There are no specific health risks.

Travel health can often be something people forget about before going away, but a little preparation and knowledge can go a long way to help you stay fit and healthy while abroad.

The above information can change at short notice; as we are not qualified to answer all your questions about travel health we strongly recommend you contact your Medical Professional or a Travel Health Clinic at least 8 weeks prior to departure for up-to-date information. Please note: vaccinations that are routinely recommended to residents of North America or Australasia are not considered to form part of the travel health advice, and you should ensure these are kept up to date where necessary.

For additional information please visit: Centers for Disease Control C.D.C at <https://wwwnc.cdc.gov/travel>

### **Insurance - are you adequately covered?**

It is a condition of joining any of our holidays that you must be fully insured against medical and personal accident risks (to include repatriation costs and air ambulance or helicopter rescue services where appropriate). On arrival in destination for your trip, you will be asked to present details to your leader or local representative of your policy.

If you are resident of the United States, we recommend the Travelex Travel Select travel insurance policy, this is specifically designed to cover all activities on your trip. If arranging your own policy please ensure that you are covered for all activities that are part of the trip, optional activities that you intend to take part in and/or on high altitude itineraries, that you are covered up to the maximum altitude of the trip.

## **Local Time**

**Adventure Holidays in France's Timezone:** Europe/Paris CET (GMT +01:00)

## **Electricity**

**Adventure Holidays in France's Electricity:** European plug - 2 round pins. 230 Volts AC.

## Money

### Adventure Holidays in France's Currency

The national currency of France is the Euro (EUR), with an exchange rate at the time of publication (October 2017) of approximately 0.84 to the USD, 0.67 to the CAD, 0.66 to the AUD and 0.59 to the NZD.

### ATM Availability

ATMs are widely available, but we recommend taking some Euros cash with you in case you can't get to a bank at the start of the trip.



## Responsible Tourism

At Breakaway we believe in the power of Responsible Travel.

Every time we travel, we are part of a global movement that creates jobs, builds more sustainable societies, encourages cultural understanding and safeguards common natural and cultural heritage.

## Important Information

On all guided trips

Although our leaders are well trained to deal with different capabilities, if they have any concerns about someone's ability to safely partake in an activity, or their impact on other people's enjoyment, we authorise them to take necessary action which, in some circumstances, may involve asking someone to miss that activity.

Although rarely enforced, by booking this trip you agree to section 5 of our Booking Conditions which clearly states that our leaders have the authority to do this. In these circumstances we will ensure anyone sitting out is safely provided for and offered alternative options where possible. Refunds will not be provided for activities missed and customers may be liable for additional costs incurred.

### **On all trips**

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call the Breakaway office and ask to speak to one of the experts on this itinerary.

In an emergency, please contact our 24 hour out of hours service on +44 (0) 844 326 7041.

Every time that you travel abroad you should take the time to read the warnings in the essential information in the brochure.

Full joining instructions including local emergency numbers, and details of how to reach the start point, will be sent to you approximately 2 to 3 weeks prior to departure. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure or website, the Trip Notes supersede the brochure and website. All holidays can be subject to unexpected changes; in order to enjoy them you should be prepared to be flexible where necessary. Occasionally, as stated in our brochure, it may not be possible to follow the itinerary as planned. This may be for a variety of reasons - climatic, political, physical or other. In these circumstances we will make the best possible alternative arrangements that maintain the integrity of the original itinerary.

### **TRAVEL AWARE –STAY SAFE & HEALTHY ABROAD**

The U.S. State Department has up-to-date advice on staying safe and healthy abroad. For more on security, local laws, plus passport and visa information, see <https://www.state.gov/travelers/>



Keep informed of current travel health news by visiting Centers for Disease Control C.D.C at <https://wwwnc.cdc.gov/>

travelAdvice can change so check regularly for updates.

For all latest travel information about your holiday, please visit our Travel Safety Advice page.

## **How to Book**

Ready to book? Please contact **Breakaway Adventures on Tel: 1-800-567-6286;**

**International Tel: +1-843-856-9771.**

**<https://www.breakaway-adventures.com>**