

The Amalfi Coast

Twin center   guided walking

- The rich flavors of the Italian South: warm hospitality, vibrant color, natural beauty, lots of historic interest
- Majestic coastal scenery, awe-inspiring views; the most scenic walking on the Amalfi Coast
- Stunning Pompeii - a classical city frozen in time - and Ravello with balcony views over the bay
- Exotic Mediterranean flora: olive groves, almond orchards and terraces of lemon trees
- Lovely hotels: air conditioning and sea views throughout

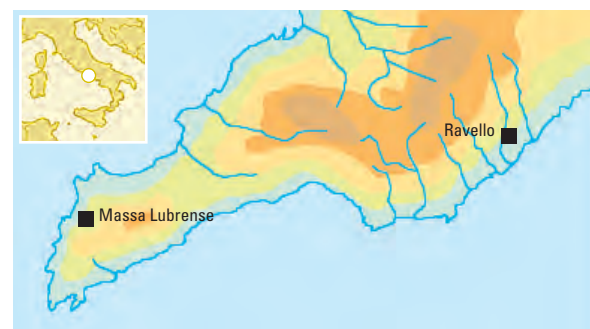


This popular walking holiday is based in two contrasting centers so you can enjoy the very best bits of this beautiful corner of southern Italy. It is exciting walking country with breathtaking scenery at every step.

Walkers will appreciate the network of wide and well-maintained mule paths criss-crossing the region, some of them centuries old dressed stone steps. The paths wander among lemon and olive groves, pines and oaks, valleys and ridges. They are lined with sweet-smelling herbs and bright with freesias, geraniums and honeysuckle. The tracks are never far from the sparkling blue sea and give spectacular views of the near-vertical towns below. We've worked it out so the walks generally start on higher ground and descend to the coast in time for an afternoon dip! Our guides are very enthusiastic about showing off their countryside, as up until now few walkers have passed this way. They'll teach you all about the local flora and folklore and make sure that you taste the best of the region as well in the hand picked *trattorie* where you stop for lunch*.

The ★★★ Hotel Garden in Ravello perches above the famous Amalfi coast and affords stunning views from its dining terrace. Just a stone's throw from the celebrated Villa Rufolo and the historic main square, all 10 rooms are air-conditioned with balcony and sea views. The Bellavista Francischiello in Massa Lubrense is a friendly ★★★ family-run hotel right on the Amalfi Coast and with incredible views across to Capri. There is an outdoor pool, panoramic sun terrace and small spa. All double rooms are air conditioned with balcony and sea view (single rooms with sea view are subject to availability).

* Allow approximately \$25 per day for lunches.



Book now on 1-800-567-6286 or visit www.breakaway-adventures.com for more information

THE AMALFI COAST | DAY BY DAY

Day 1 Arrive in Ravello

We pick you up at Naples airport and take you to your hotel in the center of Ravello (90 mins) where you'll stay for the next three nights. Time permitting, we'll visit Villa Cimbrone (Greta Garbo's retreat commanding balcony views over the bay) before dinner.

Day 2 Ravello/Minori/Atrani 10km/6mi/4hr

Walking through vines and terraces of lemon trees we reach the old pilgrim's chapel of San Nicola which commands stunning views over the Amalfi Coast. We then descend to the pastel houses of Minori for lunch in the square before walking along the coast to diminutive Atrani. We take the local bus back from there to our hotel.

Day 3 Ravello/Pontone/Amalfi 10km/6mi/3-3.5hrs

Ravello is enchanting: "must sees" include Moorish Villa Rufolo and its semi tropical gardens. After lunch we follow a scenic path down to Ponte dello Ziro watchtower (great coastal views) then descend to Amalfi via the Valley of the Mills. Time to visit one of the old medieval paper mills, and the strikingly striped 13C cathedral before returning to Ravello by bus.

Day 4 Sentiero degli Dei 11km/7mi/4hr

Past brigands' treasure caves and terraces of lemon trees, we explore the "Pathway of the Gods", Amalfi's most scenic walk. When the nearly vertical town of Positano comes into sight, we have a bird's eye view of tiny boats, pretty villas, grey volcanic beaches and churches. Lunch in a traditional *trattoria* perhaps, then on to our second hotel, in Massa Lubrense, by minibus.

Day 5 Free day

The most popular option is to take a bus from just outside the hotel to Sorrento (15 mins) and pick up the hydrofoil across to Capri. Known as "Pearl of Naples", Capri is arguably the most beautiful island in the Mediterranean. It has over 800 species of flowers and plants, and magnificent grottoes along the coast.

Day 6 Pompeii and Annunziata 11km/7mi/4.5hr

First stop today is Pompeii (1 hour by minibus - transfer provided). To see an entire ancient city come to life is really something quite magical so we've employed a local guide to enhance your visit. After lunch it's on to lovely Annunziata, from where the King of Naples laid siege on the English who were occupying Capri at the time. Explore its pretty park - balcony views of the island - before descending to the unspoiled port of Marina della Lobra.

Day 7 Punta Campanella 12km/7mi/4.5hrs

Walking through herb-scented scrubland past trees mis-shapen by the prevailing winds, we reach Sorrento's "Land's End", and the watchtower of Punta Campanella. Breathtaking views across to Capri. The point got its name when in 1558 Saracen pirates, escaping with captured women and gold, stole the bell from the local church, but were unable to set sail until they had thrown it overboard. Every year on St. Valentine's Day the bell is said to rise to the surface and toll once more. In the afternoon we follow a coastal path back to our hotel in time for a limoncello by the sea before dinner.

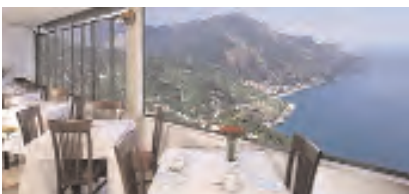
Day 8 Return home



"Really excellent. Loved the whole experience. Our guide, Maurizio, was fantastic and really made the holiday special."

Ms C Wellington

THE AMALFI COAST | WHERE YOU STAY



Hotel Ristorante Garden
Ravello

★★★★

Days 1+2+3



Hotel Bellavista
Massa Lubrense

★★★★

Days 4+5+6+7

For extra nights we recommend both of the above hotels, and city add-ons can be arranged in Naples.

THE AMALFI COAST | WALKING DETAILS



The walking is on mule tracks, dressed stone steps and coastal paths, with fairly long descents to sea level on some days. Vertigo sufferers may have problems with sections of Day 4 where some scrambling is required (arrangements can be made to omit this walk). Walkers with knee problems may have difficulty with days 2 + 3 as there are a number of steps.



Average daytime temperature (°C):

18 23 26 26 22
APR MAY JUN SEP OCT



Average monthly rainfall (mm):

75 50 37 78 133
APR MAY JUN SEP OCT

Dates and Prices

Departs selected Mondays	Tour Only
2012 departures	
Apr 30, Oct 1	\$3,229
May 14, Sep 17	\$3,279
May 28, Sep 3	\$3,299

Singles: Add \$87 per night for sole occupancy of a double room.

Child: This holiday is unsuitable for children under 16.

Holiday type: Guided walking, twin center, groups of typically 6-16 people on each tour.

Departs: Selected Mondays from Apr 30 to Oct 1.

Duration: 8 days (7 nights).

Meals: Continental breakfast and evening meals.

Other details: For "What your holiday price includes," see "Holiday Planning" section pp 48-51.

Tailor-made travel choices

Nearest Arrival Airport: Naples Capodichino Airport.

Flights can be arranged from most US/CANADA airports, with connecting transfers as required, prices and details on request.

The above prices include our standard transfers: Naples Capodichino Airport at 11:45, (transfer to hotel, 90 mins, provided).

Return: Naples Capodichino Airport by 10:30 (transfer provided).

Tour only: Transfers included from Naples Capodichino airport at 11:45, and back to Naples Capodichino airport departing hotel at 09:00.

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