

Secrets of Cyprus

Hotel-to-hotel upper independent cycling

- Wonderfully varied cycling: traditional white villages, colorful fishing hamlets, seafront tavernas
- Friendly family-run hotels, by the sea or with outdoor pools; superb meals
- 320 days of sunshine a year – perfect for year round cycling - views to Turkey on a clear day
- Exotic Mediterranean flora: orchids, citrus groves, vineyards and olive trees
- Excellent bird-spotting: kestrels, red-footed falcons, Cyprus warblers



Offering a myriad of contrasts, Cyprus is the perfect destination for a week's cycling. Combining rural tranquillity with landscapes of citrus groves, vineyards studded with olive trees, banana plantations and azure coastal waters, you explore a secret side of Aphrodite's Isle that many visitors never see. A visit to historic Paphos is included too, so full of antiquities that UNESCO designated the entire town a World Heritage Site.

The cycling, managed by our local agent is both varied and relaxed as you pedal through attractive white villages, and along gentle traffic-free trails below rolling hills brimming with colorful cyclamen. Occasional climbs are rewarded by spectacular vistas, and there's always a welcoming taverna or tempting picnic spot en route too! The coast is never far away either if you fancy a dip.

Our family-run hotels offer a welcoming taste of the real Cyprus including the recently opened spa resort of Ayii Anargyri, a former monastery in Miliou. Two hotels are by the sea - spectacular sunsets provide the perfect backdrop to a relaxing aperitif on the terrace.

"Very much enjoyed our first visit to Cyprus, the hotel owners made us most welcome."

Mr Thomson



SECRETS OF CYPRUS | DAY BY DAY

Day 1 Arrive in Latchi

We meet you at Paphos airport and take you (60 mins) to Tassos' and Gregoria's coastal hotel near Latchi in time for dinner on the panoramic terrace – one of the most spectacular views on the whole island! You spend two nights here.

Day 2 North Coast Circular Cycle (optional) 17km/11mi or 35km/22mi

A lovely cycle today as you pedal along the coast to the fabled Baths of Aphrodite, your path lined with carob and eucalyptus groves. This trickling waterfall is said to be where the Goddess of Love bathed with her lover, Adonis. Nearby Latchi's colorful harbour is a scenic spot for a leisurely lunch – on a clear day you can see as far as the Taurus mountains in Turkey. Perhaps continue along the easy coastal tracks to Polis, a lively resort with an interesting archaeological museum dating back to 7BC, or return along the gentle sea-breezed path for a dip in the sea by your hotel.

Day 3 Latchi to Miliou 35km/22mi

Leaving the sea at your heels, a panoramic track bright with orchids weaves you inland to the abandoned village of Androlikou. Sweeping views, with Mt Olympus crowning the horizon, continue as you climb towards Drouseia. Time passes slowly here: old ladies dressed in black sit by their doorsteps to watch the world go by. Visit the lovely church with its shaded courtyard, a great spot for a lazy picnic lunch, before the downhill swoosh through the sleepy villages of Pano Akourdaleia, Kato Akourdaleia and Miliou. The air is perfumed by the groves of oranges and lemon trees which line your path as you approach our stunning spa hotel

Day 4 At Miliou

Today you might just like to relax at the hotel and take advantage of one of the spa treatments on offer (pay locally). The more energetic can cycle to Ayia Ekaterini, a lovely Byzantine church with incredible views to the shimmering waters of the northern coast.

Day 5 Miliou to Agios Georgios tis Peyias 34km/21mi

Pedalling through quiet lanes flanked by vines through the village of Giolou and up to the abandoned village of Theletra, your only company will be the rock thrushes that chirrup overhead. In contrast, the lively wine village of Kathikas is perfect for an *al fresco* lunch at one of the traditional *tavernas*. The day ends with an exhilarating downhill whizz – spectacular balcony views over the coastline to Paphos – to our family run hotel in the charming fishing hamlet of Agios Georgios tis Peyias. You spend three nights here. *Note: Should you wish to upgrade to our larger ★★★★★ hotel above Coral Bay, you can do this for a supplement.*

Day 6 Exploring Paphos

Perhaps explore the historical treasure trove of nearby Paphos today - it's just 30mins (pay locally) on the public bus. Unmissable sights include the Hellenistic Tombs of the Kings and the exquisite Roman mosaics dating back to 2C. After a fresh seafood lunch at the bustling harbour, explore the old town's market, ablaze with local color. Otherwise, in fine weather, our hotel has a lovely pool and is just a few hundred metres from the beach, if you fancy a dip.

Day 7 Coastal Cycling to Lara Bay 30km/19mi

Gentle pedalling today through lemon groves and banana plantations leads you to some of the most unspoilt coastline on Cyprus, along the Akamas peninsula's western flank. A haven for wildlife, you'll wheel along with falcons circling overhead and shy goats hiding in the crevices of spectacular rock formations. You reach Lara Bay, an idyllic marine reserve offering a tranquil picnic spot as gentle azure waters lap the golden shore. Time for a swim before heading back to the hotel for a final aperitif on the moonlit terrace.

Day 8 Leave Cyprus

We take you to Paphos airport for your flight home.



Dates and Prices

Departs selected Wednesdays

2012 departures	Tour Only
Nov 7, 14, 21	\$2,545
Feb 8, 15, 22, 29, Mar 7, 14, 21, 28	\$2,545
Oct 3, 10, 17, 24, 31	\$2,635
May 2, 9, 16, 23, 30	\$2,651
Sep 5, 12, 19, 26	\$2,651
Apr 4, 11, 18, 25	\$2,635

Singles: Please phone for details and prices.

Child: This holiday is unsuitable for children under 12.

Room upgrade: Prices from \$23 per person, per night, based on 2 sharing.

Hotel upgrade: Horizon Hotel, Coral Bay ★★★★★ please ask for prices.

Holiday type: Independent cycling, hotel-to-hotel, no minimum group size, however airport and luggage transfers are subject to at least 2 people (in total) booked on each departure.

Departs: Selected Wednesdays from Feb 8 to Nov 21.

Duration: 8 days (7 nights).

Meals: Continental breakfast and evening meals.

Other details: For "What your holiday price includes," see "Holiday Planning" section pp 48-51.

Tailor-made travel choices

Nearest Arrival Airport: Paphos Airport

Flights can be arranged from most US/CANADA airports, with connecting transfers as required, prices and details on request.

The above prices include our standard transfers: Paphos Airport at 15:10 (Feb-Apr & Nov) or 13:55 (May, Sept, Oct), (transfer to hotel, 1 hour, provided). **Return:** Paphos Airport by 14:25 (Feb-Apr & Nov) or 13:10 (May, Sept, Oct) (transfer provided).

Tour only: Transfers included from Paphos airport at 15:10 (Feb-Apr & Nov) and 13:55 (May, Sept, Oct) and back to Paphos airport departing hotel at 13:00 (Feb-Apr & Nov) and 12:00 (May, Sept, Oct).

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SECRETS OF CYPRUS | WHERE YOU STAY



Aphrodite Beach Hotel
★★
Latchi
Days 1+2



Ayii Anargyri
★★★★
Miliou
Days 3+4



West End Hotel *
☼
Agios Georgios tis Pegeias
Days 5+6+7

* If you prefer, you can choose the ★★★★★ Horizon Resort Hotel, above Coral Bay, as an alternative for these three nights. Please see price table opposite for supplement details. For extra nights we recommend Latchi.